

PROFESSIONAL PRESENTATION

FOOTBALL COACH

ALFREDO ARIAS SÁNCHEZ

Age: 59 years

Nationality: Uruguayan

Spanish citizenship

Marital Status: Divorced

University Education: Faculty of
Economic Sciences

English language

Official Web site:

www.alfredoariasdt.com



TRAINING AS A TRAINER:

Sports technician in soccer. Graduated as a Soccer Coach in the Christian Youth Association University Institute.

In addition, it participated in these years in seminars and workshops on training and updating, among others:

"Position Game Methodology" Football-tactical: Spain

"Talent formation in South American Soccer" Coach, Francisco "Pachu" Maturana.

"Real Madrid in Uruguay" Ángel Cappa, Sergio Markarian, Gerardo Pelusso.

"Detection of Talents" University Institute ACJ.

"High Sports Performance" University Institute ACJ.

"Training with Youth" ACJ University Institute.

"Fundamentals of Sport" University Institute ACJ.

In December of 2012 after finishing the season with the Montevideo Wanderers, Arias traveled to Spain for 40 days to perform clinics and field work with the first team of Recreativo de Huelva and La Masia of FC Barcelona.

As an exhibitor, he gave several Conferences on the method of work, among others:

Football Clinic:

"Systemic Metology in Soccer". Methodological bases of the technical group. directed to soccer coaches of Bolivia. La Paz, Bolivia, September 2018

"You can play differently in Uruguay". Topics: Training Methodology. Planning a Season. Preparation of competitive Microcycle. Control and handling of loads. Melo, Cerro Largo. December 2014

Congress:

"Play from the foot". Topic: Ball possession (training methodology). The Stones, Cannelloni. September 2013

TRAJECTORY AS TRAINER:

- Club Bolivar (Bolivia) - From June to December 2018
- Club Sport Emelec (Ecuador) - From June 2016 to June 2018
- Santiago Wanderers SADP (Chile) - December 2015 to May 2016
- Montevideo Wanderers Fútbol Club (Uruguay) - December 2011 to June 2015

- Montevideo Wanderers Fútbol Club / Training Divisions from 2007 to 2011.
- Montevideo Cricket Club, Coach of the First Division, University League year 2006.

ACHIEVEMENTS AS TRAINER:

- **Winner Pacific Cup 2018** - Club Sports Emelec
- **Ecuadorian Tournament National Champion 2017** - Club Sport Emelec
- **National Vice Champion Ecuadorian Tournament 2016** - Club Sport Emelec
- **Finalist Play offs Chilean Football 2016** - Santiago Wanderers SADP
- **Champion Championship Closing 2013/2014 Uruguay** - Montevideo Wanderers FC
- **First Post 2013/2014 Annual Table** (most governing team in both tournaments)
- For the second time in a row, classifies Wanderers to an International Tournament COPA LIBERTADORES 2015 (Formerly Copa Sudamericana 2013)
- Classification to OCTAVOS of the final COPA LIBERTADORES 2015

PRIZES AS A COACH

- **Best Coach of Ecuadorian Soccer Season 2017.** Bichito Prizes chosen by more than 250 participants of the Tournament (soccer players and coaches) and press.

[https://www.google.es/url?sa=t&rct=j&q=&esrc=s&source=web&cd=2&cad=rja&uact=8&ved=0ahUKEwjj8erd1vraAhVJnFkKHTyAAx0QFggrMAE&url=http%3A%2F%2Fbenditofutbol.com%2Fnacional%](https://www.google.es/url?sa=t&rct=j&q=&esrc=s&source=web&cd=2&cad=rja&uact=8&ved=0ahUKEwjj8erd1vraAhVJnFkKHTyAAx0QFggrMAE&url=http%3A%2F%2Fbenditofutbol.com%2Fnacional%2F)

[2Fganadores-premios-bichito-futbol-2018.html&usg=AOvVaw3TcX8f4qwITYr-
md9Hr_Zi](http://www.ovaciondigital.com.uy/futbol/celestes-destacados.html)

- **Best Trainer Season 2017.** Awards América responds to El País.

<https://www.ovaciondigital.com.uy/futbol/celestes-destacados.html>

- **Best Coach of Uruguayan football 2013/2014 Season.** Chosen by his colleagues (vote of the 16 coaches) obtaining 9 votes out of 16. Diario El País, Ovación.

<http://www.ovaciondigital.com.uy/futbol/premios-ovacion-ano-chapita.html>

- **Best DT of the 2013/2014 Season.** Fútbolx100 voting. Winner with 66.5 votes out of 100. Diario El Observador.

<http://www.elobservador.com.uy/los-mejores-del-uruguayo-segun-futbolx100-n285129>

- **Montevideo Wanderers best team of the 2013/2014 season.** Fútbolx100 voting. Winner with 63 votes out of 100. Diario El Observador.

<http://www.elobservador.com.uy/los-mejores-del-uruguayo-segun-futbolx100-n285129>

- **Best DT of the year 2014.** Survey: "America and Europe respond to El País".

<http://www.ovaciondigital.com.uy/futbol/dirigir-wanderers-ese-mi-mayor.html>

SOME DATA:

In the Montevideo Wanderers, he performs along with his Technical Body one of the longest cycles in charge of the team.

The first Championship is achieved by winning the most matches in the last 10 years of the club. Take the team to 3 units of descent positions and leave

it to a point of International Cup Qualification at the end of the Uruguayan of that season.

In the following Short Tournaments, it is always finished in the first positions, qualifying at the end of the Uruguayan Championship for the first time in history to the Montevideo Wanderers to the Copa Sudamericana (2013).

The project is consolidated and in the 2013/2014 Apertura Tournament MWFC finished in the 4th place (of 16 teams), being the team that suffered the least losses (only lost 2 games in 15), the only undefeated in local condition and with the best unbeaten streak in history with 12 consecutive games without knowing the defeat (9 won and 3 tied).

For the Closing of that same year, CHAMPION is consecrated as one of the 2 teams with the lowest average age and the highest number of players in the club. It dazzles with its style of play associated with Barcelona's football in Spain and receives national and international praise and recognition.

In 2015, the Football Coach Ranking World places Arias as the 6th most outstanding Uruguayan coach worldwide.

<http://www.ovaciondigital.com.uy/futbol/matosas-mejor-tecnico-uruguayo-segun.html>

Montevideo Wanderers was the team with the lowest average age in 3 of the 4 seasons that the Arias Technical Corps were in charge, 22.8 years. In the year that the champions and the subsequent Copa Libertadores were congruent, out of a total of 24 players used, 18 were 100% trained in the Institution and under 23 years old.

At the end of 2015, they traveled to Chile and took up duties at Santiago Wanderers de Valparaíso.

The team came from a very bad season and was 2 points from the direct descent. The first match of the Arias era was a 2 to 1 victory against Colo Colo, turning the scoreboard around. Santiago Wanderers was the only team from Chile that did not strengthen the team in the passing period due to economic problems generated by the sudden withdrawal of its Manager. Faced with all the adversities and again with a squad based on youth players from 18 to 21 years, a great campaign with a style of play that was a revolution reaching the final of the Play Offs is achieved. Three players from their minor series debuted in the main team and other players who did not have minutes in previous processes took the lead.

<http://www.latercera.com/noticia/el-tecnico-que-revoluciona-santiago-wanderers/>

The great campaign carried out in Santiago Wanderers makes teams like Colo Colo and the University of Chile look at Arias and his coaching staff.

<http://www.biobiochile.cl/noticias/2016/04/16/alfredo-arias-el-plan-b-que-estaria-ideando-colo-colo-ante-una-possible-salida-de-sierra.>

<http://www.latercera.com/noticia/la-u-piensa-nombres-por-beccacece/>

After the tournament is the Ecuador Sport Club Emelec who hires the coaching staff to command the sporting destinations of their institution.

With the tournament already started in Ecuador, Arias takes charge of the team, achieving record points, but not enough to be champions. He remains with the 2nd place and the Classification to Copa Libertadores of the year 2017. In the Season 2017 he obtains the National Championship and to go to phase Octavos of end of Copa Libertadores with 10 points behind in River Plate in the group leaving by the way the champion of Colombia (DIM) and the champion of Peru (Melgar).

In the year 2018 wins the Pacific Cup in its seventh edition.

At the beginning of June he leaves the Club Sport Emelec and is hired by the Bolivar club of the city of La Paz. He is currently playing the local tournament and 10 times the team is finished this second one point behind the leader and being the top scorer of the tournament with an average of 3 goals per game.

TRAJECTORY AS A PROFESSIONAL PLAYER:

- National Football Club (Uruguay)
- Montevideo Wanderers Fútbol Club (Uruguay)
- Club Atlético Peñarol (Uruguay)
- Liverpool Football Club (Uruguay)
- Real Club Jaen (Spain)
- Club Deportivo Palestino (Chile)
- O'Higgins Soccer Club (Chile)
- Club Deportivo Huachipato (Chile)
- Club Deportivo Tampico FC (México)
- Uruguayan Youth Selection
- Uruguayan Senior Selection

TECHNICAL GROUP:



Assistant Coach: Héctor Rodríguez Peña (49 years old). Soccer Coach (IUACJ).

Career as a professional player: Defensor Sporting (Uruguay), Colón de Santa Fe (Argentina), Mandiyu de Corrientes (Argentina), América de Cali (Colombia), Club Nacional de Fútbol (Uruguay), Everton (Chile), Racing (Uruguay), Uruguayan National Team (1991 to 1995).

Trajectory as a Trainer: Centro Atlético Fénix (2010 - 2011), Montevideo Wanderers (2012 - 2015), Santiago Wanderers (2016), Club Sport Emelec (2016 until June 2018). Currently Club Bolivar until December.



Physical Trainer: Prof. Ignacio Berriel (33 years old). Bachelor of Physical Education (ISEF - UdelaR). Master's Degree in Physical Activity and Management of Sports Institutions (Miguel de Cervantes University, Spain). Football Coach (ISEF - UdelaR).

Trajectory as a player in formative divisions (up to 3rd): National Football Club, Miramar Misiones, Deportivo Colonia.

Experience as a PF: Rampla Jrs. (1st division, 2008 - 2009), Central Español (1st division, 2009 - 2010), Montevideo Wanderers (2011 - 2015), Santiago Wanderers (2016), Club Sport Emelec (2016 until June 2018). Currently Club Bolivar until December.

More than 300 parties as a technical group nationally and internationally.

290 local tournament matches in different countries of America (Uruguay, Chile, Ecuador, Bolivia) and 30 matches in international tournaments, South American Cup and Copa Libertadores.